AV software

AV editing and creation

There are many software packages that will allow the creation of Audio Visuals. The de facto standard in the UK and much of Western Europe and the Americas is Wnsoft.com PTE AV studio. https://www.wnsoft.com/en/pte-av-studio/

There are many free AV software packages all of which are available to work with MS Windows or Apple MacOS (including PTE mentioned above)

OpenShot https://www.openshot.org/
Note: A good open source and well supported package.

Shotcut https://www.shotcut.org/
Note: A good open source and well supported package.

Da Vinci Resolve https://www.blackmagicdesign.com/uk/products/davinciresolve
Note: this is extremely good and is a cut down version of their pro product and has a very steep learning curve.

Photostage https://www.nchsoftware.com/slideshow/index.html
Note: look very carefully for free version as its very easy to accidentally download the paid for trial version.

All offer some degree of audio editing and all are largely similar although the functionality and control interfaces of all these packages is very different. I have only included software which is compatible with both Windows and MacOS products. Many Apple users use iMovie.

Audio editing and creation

Although all the above packages offer varying degrees of audio editing and creation many use the open source package Audacity to record and edit their sound tracks. It is open source, well supported and recently has adopted many AI based features (currently only available on Windows platforms) Adobe offer Audition but its not free.
Wavosaur, despite the name is a lesser known but usable editor.

Audacity https://www.audacityteam.org/

Wavosaur https://www.wavosaur.com/

Adobe Audition https://www.adobe.com/products/audition.html
Note: this is not a free product.